## Online Appendix

Figure 1: Distribution by county of proportion of men with low-risk prostate cancer who underwent a bone scan in 2003 and 2009


Table 1 Information on diagnostic procedures and related information registered in NPCR.

| Variable |  | Availability (calendar years) | Mean Capture Ratio | $\begin{gathered} \hline \text { Capture Ratio } \\ 2009 \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
| Personal identification number |  | 1993- | 100 \% | 100 \% |
| Code for the reporting hospital or clinic |  | 1993- | > $99 \%$ | > $99 \%$ |
| Initial cause for work-up | Main reason for the initiation of the medical investigation that led to the prostate cancer diagnosis Available alternatives: <br> a. PSA-screening as part of a health checkup for a man without lower urinary tract symptoms (LUTS) <br> b. LUTS <br> c. Other symptoms | 2000- <br> (2004- distinction between LUTS and other symptoms) | $93 \%$ | 97 \% |
| Date for the first visit to a urology specialist |  | 2009- | > $99 \%$ | > $99 \%$ |
| Referral | Was the investigation leading up to prostate cancer diagnosis initiated by a referral to a urologist? Yes/No | 2009- | $96 \%$ | $96 \%$ |
| Date of referral | The date when the letter of referral was written | 2009- | $93 \%$ | $93 \%$ |
| Morphological confirmation of diagnosis | Available alternatives: <br> a. Cytology <br> b. Histology <br> c. Clinical diagnosis | 1997- | $97 \%$ | 100 \% |
| Date of diagnosis | For histology/cytology confirmed cases: the date of these examinations For clinically confirmed cases: the date of the clinical examination | 1993- | $100 \%$ | 100 \% |
| Age at diagnosis |  | 1993- | $100 \%$ | 100 \% |
| S-PSA | Serum level of prostate specific antigen (before diagnostic work-up) | 1993- | 97 \% | $98 \%$ |
| Prostate volume | Determined by transrectal ultrasound (TRUS) or other radiologic examination | 2007-* | $84 \%$ | 87 \% |
| $\begin{array}{llll}\text { PSA-density } & \text { Calculated as PSA/ TRUS volume } & \text { 2007-* } & 84 \% \\ \text { TNM-stage (clinical) } & \end{array}$ |  |  |  |  |
|  |  |  |  |  |
| Tumour stage | T0, T1a, T1b,T1c, T2, T3, T4, Tx | 1993- | $\begin{gathered} >99 \% \\ (\mathrm{Tx}=2 \%) \end{gathered}$ | $\begin{gathered} >99 \% \\ (\mathrm{Tx}=2 \%) \end{gathered}$ |
| Involvement of regional lymphnodes | N0, N1, Nx | 1993- | $\begin{gathered} 99 \% \\ (\mathrm{Nx}=87 \%) \end{gathered}$ | $\begin{aligned} & >99 \% \\ & \quad(\mathrm{Nx}=95 \%) \end{aligned}$ |
| Distant metastases | M0, M1, Mx | 1993- | $\begin{gathered} >99 \% \\ (\mathrm{Mx}=60 \%) \end{gathered}$ | $\begin{aligned} & >99 \% \\ & \quad(\mathrm{Mx}=76 \%) \end{aligned}$ |
| Tumour differentiation |  |  |  |  |
| Gleason Grade 1 |  | 2000- | $84 \%$ | $\begin{aligned} & 99 \% \\ & \text { (of patients with histology } \\ & \text { confirmed diagnosis) } \end{aligned}$ |
| Gleason Grade 2 |  | 2000- | $84 \%$ | $\begin{aligned} & 99 \% \\ & \text { (of patients with histology } \\ & \text { confirmed diagnosis) } \end{aligned}$ |
| Gleason Score | $=$ Gleason Grade $1+$ Gleason Grade 2 | 1993- | $93 \%$ | $\begin{aligned} & 99 \% \\ & \text { (of patients with histology } \\ & \text { confirmed diagnosis } \end{aligned}$ |
| WHO Grade | G1, G2, G3, Gx | 1993- | $93 \%$ | $\begin{aligned} & 85 \% \\ & \text { (of patients with cytology } \\ & \text { confirmed diagnosis) } \end{aligned}$ |
| Tissue/cells from | a. Needle biopsy/core biopsy <br> b. TUR-P (transurethral resection of the prostate) <br> c. Fine-needle aspiration <br> d. Other | 2007-* | > $99 \%$ | > $99 \%$ |
| Number of core biopsies taken |  | 2007-* | > $99 \%$ | > $99 \%$ |
| Number of core biopsies with cancer |  | 2007-* | $98 \%$ | $99 \%$ |
| Total length of biopsies |  | 2009- | $60 \%$ | $60 \%$ |
| Total length of cancer in biopsies |  | 2009- | $80 \%$ | 80 \% |

* The Stockholm-Gotland healthcare region introduced the variable 2008

Table 2 Information registered for primary treatment in the NPCR - completed or decided within six months following diagnosis


[^0]Table 3 Registration by the oncology department of radiotherapy with curative intent, performed since 2008.

| Variable | Definition | Capture Ratio 2009 $2009$ |
| :---: | :---: | :---: |
| Personal identification number |  | $100 \%$ |
| Date for treatment decision | When decided by an oncologist that radiotherapy would be performed | $99 \%$ |
| Primary external radiotherapy | Yes/No | $97 \%$ |
| Start date |  | > $99 \%$ |
| Dose | Dose given per treatment occasion | > $99 \%$ |
|  | Dose total | > $99 \%$ |
| Image guided radiotherapy | Yes/No | > $99 \%$ |
| Intensity modulated radiotherapy | Yes/No | > $99 \%$ |
| Inclusion of vesicles | Yes/No | > $99 \%$ |
| Inclusion of lymph nodes | Yes/No | > $99 \%$ |
| Boost | Yes/No | > $99 \%$ |
| Start date |  | $100 \%$ |
| Source | a. HDR | $100 \%$ |
|  | b. Protons |  |
|  | c. Photons |  |
| Dose | Dose given per treatment occasion | $100 \%$ |
|  | Dose total | $100 \%$ |
| Isotope | a. Iridium | $100 \%$ |
|  | b. Other |  |
| Seeds | Yes/No | 97 \% |
| Start date |  | $100 \%$ |
| Dose | Total dose | $100 \%$ |
| Isotope | a. I-125 | 100 \% |
|  | b. Palladium |  |
| Postoperative radiotherapy | Yes, adjuvant/Yes, salvage/No | $97 \%$ |
| Start date |  | $100 \%$ |
| Dose | Dose given per treatment occasion and dose total | $100 \%$ |
|  |  | $100 \%$ |
| Image guided radiotherapy | Yes/No | $99 \%$ |
| Intensity modulated radiotherapy | Yes/No | 100 \% |
| Inclusion of vesicles | Yes/No | > $99 \%$ |
| Inclusion of lymph nodes | Yes/No | $99 \%$ |
| MRI support | Has MRI been used as support for definition of target? Yes/No | $97 \%$ |
| Neo-/adjuvant hormone therapy | Yes/No | $97 \%$ |
| Before and during treatment | Yes/No | > $99 \%$ |
| Type | a. Antiandrogens <br> b. GnRH analogue <br> c. TAB | $100 \%$ |
| Duration of treatment |  | > $99 \%$ |
|  | a. $\leq 6$ months <br> b. $>6$ months |  |
| After radiotherapy | Yes/No | > $99 \%$ |
| Type | a. Antiandrogens <br> b. GnRH analogue <br> c. TAB | $100 \%$ |
| Duration of treatment | a. $\leq 6$ months <br> b. $>6$ months $\leq 18$ months <br> c. $>18$ months $\leq 30$ months <br> d. $>30$ months | 97 \% |

Table 4 Five-year follow up of prostate cancer patients with localized prostate cancer (T1 or T2 and MX or M0), and PSA $<20 \mu \mathrm{~g} / \mathrm{L}$ and age $\leq 70$ years at time of diagnosis for men diagnosed in 2003 and 2004*.

| Variable |  | Capture ratio |
| :---: | :---: | :---: |
| Personal identification number |  | $100 \%$ |
| Conservative therapy | Yes/No | > $99 \%$ |
| Type of conservative therapy | Active surveillance | 99 \% |
|  | a. Watchful waiting <br> b. Strategy not defined |  |
| 5- $\alpha$-reductase-inhibitor given/TUR-P given | Yes/No | $96 \%$ |
| PSA-level | Serum levels of prostate specific antigen: |  |
|  | a. 2-4 years after diagnosis (and date) | 78 \% |
|  | b. 5 years after diagnosis or when conservative therapy was terminated (and date) | 72 \% |
| therapy | If conservative therapy was terminated. <br> a. Choice of the patient <br> b. PSA progress <br> c. Biopsy progress <br> d. Other sign of progress <br> e. Other reason | > $99 \%$ |
| Completed active curative therapy | Yes/No | > $99 \%$ |
| Radical prostatectomy | Yes/No | > $99 \%$ |
| Date of radical prostatectomy |  | > $99 \%$ |
| Type of prostatectomy | a. Retropubic | > $99 \%$ |
|  | b. Laparoscopic |  |
|  | c. Robot-assisted laparoscopic |  |
| Nerve saving | Nerve saving (Nn Erigentes) technique according to operation report. | $65 \%$ |
|  | a. Yes, bilateral |  |
|  | b. Yes, unilateral |  |
| Tumour stage (pathological) | From the pathology report after the prostatectomy: | $93 \%$ |
| Radical exstirpation | a. No (when there is tumour tissue left in the resection border) | $97 \%$ |
|  | c. Unsure (when the pathologist expresses uncertainty) |  |
| Postoperative Gleason Grade and | Gleason Grade 1+ Gleason Grade $2=$ Gleason | $94 \%$ |
| Gleason Score | Score |  |
| Lymph node dissection | Yes/No** | 47 \% |
| pN | Lymph node status postop. | 82 \% |
| Radiotherapy | Yes/No | > $99 \%$ |
| Date for referral to radiotherapy |  | $98 \%$ |
| Type of radiotherapy | a. External | > $99 \%$ |
|  | b. Low dose brachytherapy with permanent seeds |  |
|  | c. High dose brachytherapy with isotope |  |
|  | d. Combination of external and high |  |
| Neoadjuvant hormonal therapy | Yes/No and date started | 89 \% |
| Other curative treatment | Type and date started |  |
| Adjuvant therapy | Yes/No | $98 \%$ |
| Type of adjuvant therapy |  | $100 \%$ |
|  | a. External radiotherapy*** |  |
|  | b. GnRH analogue |  |
|  | c. Antiandrogens |  |
|  | d. Chemotherapy |  |
|  | and date started |  |
| Palliative therapy | Yes/No | > $99 \%$ |
| Type of palliative therapy |  | $100 \%$ |
|  | a. Orchiectomy |  |
|  | b. GnRH analogue |  |
|  | c. Antiandrogens |  |
|  | d. Estrogens |  |
|  | e. Other hormonal therapy |  |
|  | f. Chemotherapy |  |
|  | g. Other palliative therapy |  |
|  | and date started |  |
| Complications caused by primary therapy | Yes/No | 97 \% |
| Operation due to complication | Yes/No | $91 \%$ |
| Type of surgical procedure | Code and date | 97 \% |
| Serious micturition problems | Yes/No | 88 \% |
| Serious bowel problems | Yes/No | 84 \% |


| Dilatation of urethral stricture | Yes/No | 86 \% |
| :---: | :---: | :---: |
| Other serious complication | Yes/No | $89 \%$ |
|  | If yes: Type? |  |
| PSA-level relapse after curativly intended primary treatment | Yes/No | $97 \%$ |
| PSA nadir | Lowest PSA-level and date* | 74 \% |
| PSA relapse after prostatectomy | Two measurements $\geq 0.2 \mu \mathrm{~g} / \mathrm{L}$ and dates | $99 \%$ |
| PSA relapse after radiotherapy | Two measurements $\geq 0.2 \mu \mathrm{~g} / \mathrm{L}$ above PSA nadir and dates | 86 \% |
| Secondary therapy | Yes/No | > $99 \%$ |
| External radiotherapy | Date | 76 \% |
|  | Date of referral | $95 \%$ |
| Neoadjuvant hormonal therapy | Yes/No | $91 \%$ |
|  | Start date |  |
| Other curative treatment | Which and start date | $80 \%$ |
| Adjuvant therapy | Yes/No | $96 \%$ |
| Type of adjuvant therapy | a. GnRH analogue <br> b. Antiandrogens <br> c. Chemotherapy | 98 \% |
| Palliative therapy | and start date for treatment Yes/No | $98 \%$ |
| Type of palliative therapy | a. Orchiectomy <br> b. GnRH analogue <br> c. Antiandrogens <br> d. Oestrogens <br> e. Other hormonal therapy <br> f. Chemotherapy <br> g. Other palliative therapy and start date for treatment | $100 \%$ |
| PSA-level relapse after curatively intended secondary treatment | Yes/No | 95\% |
|  | Level and date | $\begin{gathered} 67 \% \text { (nadir) } \\ 100 \% \text { (PSA 1) } \\ 88 \% \text { (PSA 2) } \end{gathered}$ |
| Tertiary therapy | Yes/No | 97 \% |
| Type of tertiary treatment | a. Antiandrogens <br> b. GnRH analogue <br> c. Chemotherapy <br> d. Other | $100 \%$ |
| Overall progress | Yes/No | $93 \%$ |
| Bone metastases | Yes/No/Not examined | $97 \%$ |
| Date for scintigram |  | $92 \%$ |
| Other metastases | Yes/No/Not examined | 97 \% |
| Localisation | Localisation of other metastases and date for diagnosis: | $98 \%$ |
|  | a. lymph nodes |  |
|  | b. liver |  |
|  | c. lungs <br> d. other |  |
| Latest follow-up | Follow-up visit with urologist or contact with prostate cancer nurse (telephone or mail) |  |
| Date |  | $95 \%$ |
| Level of latest PSA measurement |  | $96 \%$ |
| Date of latest PSA measurement |  | $96 \%$ |
| Referred to primary health care for future follow-up | Yes/No and date for referral | $92 \%$ |

* In 1997-2002, the above information was also collected for men with the same inclusion criteria for a specific research project. Mean time after diagnosis was four years (1).
** Eligible and registered cases in 2003: 2429/2873 (85\% coverage) and for 2004 2687/3637 (74\% coverage)
***Referral for external radiotherapy must be made within 4 months after prostatectomy to be labelled as adjuvant therapy - if referred later it should be labelled as secondary therapy.

Table 5 Descriptive statistics for prostate cancer patients and comparison cohorts registered in PCBaSe 2.0.
Controls for case-control Comparison cohort for

|  | Prostate cancer patients$\mathbf{N}=119,777$ |  | $\begin{gathered} \text { studies } \\ \mathrm{N}=567,542 \end{gathered}$ |  | prospective cohort studies$\mathrm{N}=567,528$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| Mean (SD) | 71.2 | (9.1) | 71.1 | (9.2) | 71.1 | (9.2) |
| Year of prostate cancer diagnosis |  |  |  |  |  |  |
| 1987-1996 | 14041 | (11.7) |  |  |  |  |
| 1997-1999 | 18162 | (15.2) |  |  |  |  |
| 2000-2002 | 22305 | (18.6) |  |  |  |  |
| 2003-2006 | 37406 | (31.2) |  |  |  |  |
| 2007-2009 | 27863 | (23.3) |  |  |  |  |
| Gleason score $^{1}$ |  |  |  |  |  |  |
| 2-6 | 44183 | (36.9) |  |  |  |  |
| 7 | 28825 | (24.1) |  |  |  |  |
| 8-10 | 18699 | (15.6) |  |  |  |  |
| Missing | 28070 | (23.4) |  |  |  |  |
| Prostate cancer risk category (2) |  |  |  |  |  |  |
| Low risk | 26232 | (21.9) |  |  |  |  |
| Intermediate risk | 26733 | (22.3) |  |  |  |  |
| High risk | 31803 | (26.6) |  |  |  |  |
| Regionally metastatic | 9365 | (7.8) |  |  |  |  |
| Distant metastases | 20955 | (17.5) |  |  |  |  |
| Missing data | 4689 | (3.9) |  |  |  |  |
| Prostate cancer treatment |  |  |  |  |  |  |
| Surveillance | 31978 | (26.7) |  |  |  |  |
| Curative | 35947 | (30.0) |  |  |  |  |
| Palliative | 46613 | (38.9) |  |  |  |  |
| Missing due to early death | 630 | (0.5) |  |  |  |  |
| Missing | 4609 | (3.8) |  |  |  |  |
| Socioeconomic status |  |  |  |  |  |  |
| White collar | 57773 | (48.2) | 253345 | (44.6) | 253189 | (44.6) |
| Blue collar | 60274 | (50.3) | 298413 | (52.6) | 298304 | (52.6) |
| Not gainfully employed/Missing | 1730 | (1.4) | 15785 | (2.8) | 16035 | (2.8) |
| Civil status |  |  |  |  |  |  |
| Married | 80150 | (66.9) | 362697 | (63.9) | 362341 | (63.8) |
| Single | 37776 | (31.5) | 201240 | (35.5) | 201581 | (35.5) |
| Missing | 1851 | (1.5) | 3606 | (0.6) | 3606 | (0.6) |
| Education |  |  |  |  |  |  |
| Low | 53204 | (44.4) | 265508 | (46.8) | 265464 | (46.8) |
| Middle | 39247 | (32.8) | 184673 | (32.5) | 184472 | (32.5) |
| High | 21378 | (17.8) | 93807 | (16.5) | 93727 | (16.5) |
| Missing | 5948 | (5.0) | 23555 | (4.2) | 23865 | (4.2) |
| Country of origin |  |  |  |  |  |  |
| Sweden | 111385 | (93.0) | 510340 | (89.9) | 510056 | (89.9) |
| Other Scandinavian countries | 3966 | (3.3) | 23583 | (4.2) | 23723 | (4.2) |
| Europe | 3171 | (2.6) | 22910 | (4.0) | 22946 | (4.0) |
| Other | 1249 | (1.0) | 10675 | (1.9) | 10760 | (1.9) |
| Missing | 6 | (0.0) | 35 | (0.0) | 43 | (0.0) |
| Charlson comorbidity index (3-4) |  |  |  |  |  |  |
| 0 | 77866 | (65.0) | 365786 | (64.5) | 365189 | (64.3) |
| 1 | 21929 | (18.3) | 103562 | (18.2) | 103931 | (18.3) |
| 2 | 11695 | (9.8) | 55267 | (9.7) | 55255 | (9.7) |
| $3+$ | 8287 | (6.9) | 42928 | (7.6) | 43153 | (7.6) |

1 Prior to 2000 Gleason scoring was based on the WHO classification system (5).

Table 6 Descriptive statistics for cohorts of prostate cancer patients (index case) and their brothers registered in PCBaSe 2.0.

|  | Index case of prostate cancer$\mathrm{N}=23,079$ |  | Brothers without prostate cancer$\mathrm{N}=33,805$ |  | Brothers with prostate cancer$\mathbf{N}=\mathbf{2 , 1 8 4}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| Mean (SD) | 62.7 | (5.9) | 59.2 | (7.9) | 61.1 | (5.7) |
| Year of prostate cancer diagnosis |  |  |  |  |  |  |
| 1996-1999 | 1687 | (7.3) |  |  | 34 | (1.6) |
| 2000-2002 | 3457 | (15.0) |  |  | 163 | (7.5) |
| 2003-2006 | 9218 | (39.9) |  |  | 853 | (39.1) |
| 2007-2009 | 8717 | (37.8) |  |  | 1134 | (51.9) |
| Gleason score ${ }^{1}$ |  |  |  |  |  |  |
| 2-6 | 12415 | (53.8) |  |  | 1242 | (56.9) |
| 7 | 6309 | (27.3) |  |  | 619 | (28.3) |
| 8-10 | 2855 | (12.4) |  |  | 248 | (11.4) |
| Missing | 1500 | (6.5) |  |  | 75 | (3.4) |
| Prostate cancer risk category (2) |  |  |  |  |  |  |
| Low risk | 8673 | (37.6) |  |  | 897 | (41.1) |
| Intermediate risk | 6379 | (27.6) |  |  | 655 | (30.0) |
| High risk | 4137 | (17.9) |  |  | 351 | (16.1) |
| Regionally metastatic | 1206 | (5.2) |  |  | 107 | (4.9) |
| Distant metastases | 2113 | (9.2) |  |  | 131 | (6.0) |
| Missing data | 571 | (2.5) |  |  | 43 | (2.0) |
| Prostate cancer treatment |  |  |  |  |  |  |
| Surveillance | 4441 | (19.2) |  |  | 442 | (20.2) |
| Curative | 13962 | (60.5) |  |  | 1392 | (63.7) |
| Palliative | 3968 | (17.2) |  |  | 292 | (13.4) |
| Missing due to early death | 42 | (0.2) |  |  | 3 | (0.1) |
| Missing | 666 | (2.9) |  |  | 55 | (2.5) |
| Socioeconomic status |  |  |  |  |  |  |
| White collar | 11876 | (51.5) | 15085 | (44.6) | 1165 | (53.3) |
| Blue collar | 11127 | (48.2) | 18312 | (54.2) | 1015 | (46.5) |
| Not gainfully employed/Missing data | 76 | (0.3) | 408 | (1.2) | 4 | (0.2) |
| Civil status |  |  |  |  |  |  |
| Married | 16061 | (69.6) | 20740 | (61.4) | 1532 | (70.1) |
| Single | 7017 | (30.4) | 12241 | (36.2) | 613 | (28.1) |
| Missing | 1 | (0.0) | 824 | (2.4) | 39 | (1.8) |
| Education level |  |  |  |  |  |  |
| Low | 8145 | (35.3) | 11851 | (35.1) | 794 | (36.4) |
| Middle | 9100 | (39.4) | 13632 | (40.3) | 792 | (36.3) |
| High | 5779 | (25.0) | 7379 | (21.8) | 556 | (25.5) |
| Missing | 55 | (0.2) | 943 | (2.8) | 42 | (1.9) |
| Country of origin |  |  |  |  |  |  |
| Sweden | 22674 | (98.2) | 33326 | (98.6) | 2154 | (98.6) |
| Other Scandinavian countries | 223 | (1.0) | 250 | (0.7) | 15 | (0.7) |
| Europe | 140 | (0.6) | 139 | (0.4) | 13 | (0.6) |
| Other | 42 | (0.2) | 50 | (0.1) | 2 | (0.1) |
| Missing | 0 | (0.0) | 40 | (0.1) | 0 | (0.0) |
| Charlson comorbidity index (3-4) |  |  |  |  |  |  |
| 0 | 17700 | (76.7) | 27040 | (80.0) | 1759 | (80.5) |
| 1 | 3201 | (13.9) | 4113 | (12.2) | 278 | (12.7) |
| 2 | 1428 | (6.2) | 1648 | (4.9) | 96 | (4.4) |
| 3+ | 750 | (3.2) | 1004 | (3.0) | 51 | (2.3) |

[^1]Table 7 Publications based on data in the National Prostate Cancer Register (NPCR) of Sweden

| First author | Journal | Publication Year | Topic | Finding |
| :---: | :---: | :---: | :---: | :---: |
| Ladjevardi (6) | Eur Urol | 2010 | Tumour grade, treatment and relative survival | Men with well-differentiated PCa have a survival close to the general population whereas men with poorly differentiated PCa have a much worse outcome |
| Stattin (7) | JNCI | 2010 | Outcomes in men with localized PCa | 10 year PCa-mortality was $3.6 \%$ in surveillance group and $2.7 \%$ in curative group curatively |
| Holmström (8) | J Urol | 2010 | Outcome after primary and deferred treatment after initial surveillance | No significant difference was noted in terms of 1 or more adverse pathological factors; positive margins, extraprostatic extension or upgrading of Gleason score |
| Bratt (9) | Scand J Urol Nephrol | 2010 | Uptake of PSA testing <br> In Sweden | At least one-third of men in Sweden have undergone a PSA test |
| Carlsson (10) | Scand J Urol Nephrol | 2009 | Post-operative mortality after radical prostatectomy | 4/3700 men ( $0.11 \%$ ) died within 30 days after radical prostatectomy |
| Andren(11) | Br J Cancer | 2009 | PCa mortality in men diagnosed at TUR-P | $26 \%$ of the men had died of PCa at 10 years after TUR-P |
| Holmberg (12) | Cancer Causes Control | 2009 | Variation in prognosis according to date of diagnosis | Men diagnosed with PCa in summer time had a more advanced disease at date of diagnosis likely due to less times for appointments in the summer |
| Stattin (1) | J Urol | 2008 | Use of surveillance and deferred treatment in localized PCa in men below 70 years 19972002 | Surveillance was used in 2,065 men ( $26 \%$ ) and 711 of these men ( $34 \%$ ) received deferred treatment after a median FU of four years |
| Sandblom (13) | Cancer | 2008 | Association between PSA levels and survival | Men with PSA above $4 \mathrm{ng} / \mathrm{ml}$ had a linear decrease in survival with increasing PSA. A small group of men with PSA below $4 \mathrm{ng} / \mathrm{ml}$ had a very poor outcome |
| Fall (14) | Scand J Urol Nephrol | 2008 | Assessment of reliability of death certificates | Overall agreement between Cause of Death Register and chart review was 86\% |
| Adolfsson (15) | Scand J Urol Nephrol | 2007 | Trends in stage and grade, and patterns of care | Stage migration was prominent and there was large geographical differences |
| NPCR (16) | - | 2006- | Annual report | http://www.vinkcancer.se/sv/INCA/kvalitetsregister/Prostatacancer332/rapporter/ |
| Aus (17) | Cancer | 2005 | 15 year PCa survival in South-east region | At 15 years of follow-up of men in all stages of PCa $56 \%$ had died of Pca |
| Stattin (18) | Scand J Urol Nephrol | 2005 | Geographical variation in incidence | There was more than four-fold difference in incidence of small impalpable PCa between counties |
| Varenhorst (19) | Scand J Urol Nephrol | 2005 | Trends in incidence and treatment | Incidence increased during the study period and the proportion of men that received curative treatment doubled |
| Sennfält (20) | Acta Oncol | 2004 | Health economical analysis PCa | Optimal pain treatment was calculated to add 0.85 quality-adjusted years to a man's life |
| Sandblom (21) | Br J Cancer | 2004 | Quality of life in men with advanced PCa | Quality of life declined in men with tumour progression |
| Stattin (22) | Scand J Urol Nephrol | 2003 | Use of opportunistic PSA screening in year 2000 | One-third of men with impalpable tumours (T1c) had initiated workup because of PSAtesting but no symptoms |
| Sandblom (23) | Scand J Urol Nephrol | 2003 | Validity of data in NPCR South-east region | Acceptable reproducibility was found between two independent extractions of data from medical charts |
| Aus (24) | Eur Urol | 2003 | Outcome in men with lymph node metastasis (N1) in NPCR South-east region | Median survival for men with N1 disease was eight years |
| Sandblom (25) | Scand J Urol Nephrol | 2002 | PSA and stage and grade | Higher PSA was noted in men with advanced PCa and with poorly differentiated PCa |
| Sandblom (26) | Scand J Urol Nephrol | 2002 | Bone scans and PSA | For men with PSA below $20 \mathrm{ng} / \mathrm{ml}$ and well or intermediately differentiated PCa bone scan can be omitted as there is a very low risk of bone metastases |
| Sandblom (27) | Br J Cancer | 2001 | Assessment of quality of life | Pain treatment is essential for quality of life |
| Sandblom (28) | Cancer | 2000 | Trends in incidence and treatment in NPCR South-east region | Use of GnRH analogues increased 10-fold between 1986 and 1996 |
| Sandblom (29) | Scand J Urol Nephrol | 1999 | Comparison of incidence in four regions in NPCR | Large variations in incidence were noted |

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Questionnaire: Questionnaire with Patient Reported Outcome Measures (PROM) to assess patient outcomes such as urinary incontinence and erectile dysfunction.

## Answer the questions by ticking the most appropriate level.

1. Does your prostate cancer or the treatment limit your daily activities?

No $\square_{\square} \square^{3} \square^{4} \square^{5} \quad 678 \square^{10} \square^{10}$ Very Much
2. Do you have problems with your urinary tract?
3. Do you have a weak urine stream?
4. Do you have any leakage of urine on exertion?
5. Do you ever have to rush to the toilet to pass urine?
6. Do you have leakage of urine connected to urgency?
7. How much do your urinary problems influence your daily activities?

No $\stackrel{1}{\square} \square \square^{4} \square \square_{\square}^{6} \square \square^{10}$ Very Much
No $\square_{\square}^{12} \square^{4} \square^{5} \square \square^{2} \square^{10}$ Very Much

No $\square^{1} \square^{3} 4 \square^{5} \square^{6} \square^{8} 910$ Very Much
No $\square \square^{1} 44 \square^{5} \square 78,10$ Very Much
8. On which occasion(s) do you have leakage of urine?

| $\square$ | No leakage at all |
| :--- | :--- |
| $\square$ | Coughing, sneezing or laughing |
| $\square$ | Heavy lifting |
| $\square$ | When you stand up from a sitting position |
| $\square$ | Walking on the flat |
| $\square$ | Without exertion (always) |
| $\square$ | Other reason Which? ................................ |

9. Do you use any protection for urine leakage (pads)?
$\square$ No
$\square$ Yes, Pads Amount/day..
How often?
$\square$ Whenever out of the house
$\square$ During the day
$\square$ During the night
$\square$ Other occasion............
10. How would you feel if you lived the rest of your life with your urinary problems as they are now?
$\square \quad$ Very content
$\square$ Content
$\square$ Satisfactory
$\square$ Mixed feelings
$\square$ Displeased
$\square$ Unhappy
$\square$ Terrible
11. Do you have a problem with your bowel movements?
12. Do you have to rush to the toilet in the morning because of bowel movements?

No $\square_{\square}^{1} \square^{2} 4 \square^{5} \square \square^{4} \square 10$ Very Much
13. Do you have any leakage of stools?

No $\square_{\square}^{12} \square^{4} \square^{6} \square^{7} \square \square^{10}$ Very Much

## Answer the questions by ticking the most appropriate level.

14. Do you have mucus in your stools?
15. Do you have blood in your stools?

No $\square^{1} \square^{3} \square^{4} \square^{5} \square^{7} \square^{9} 10$ Very Much
16. How much influence do your bowel problems have on your daily life?

No $\stackrel{1}{\square} \square \square \square_{\square}^{4} \square \square 8 \square^{10}$ Very Much
17. On which occasion(s) do you have leakage of stools?

| $\square$ | No leakage at all |
| :--- | :--- |
| $\square$ | Coughing, sneezing or laughing |
| $\square$ | Heavy lifting |
| $\square$ | When standing up from a sitting position |
| $\square$ | When passing gas |
| $\square$ | Other occasion Which? ......................... |

18. How would you feel if you lived the rest of your life with your bowel problems as they are now?
$\square$ Very content

- Content
$\square$ Satisfactory
$\square$ Mixed feelings
D Displeased
- Unhappy
$\square$ Terrible

19. Do you have a partner (wife, partner who lives with you, companion)?
$\square$ Yes
$\square$ No
20. Do you have a problem with your sex life?
21. Have you used assistance to carry out sexual intercourse?

| $\square$ | No, $\quad$ Go to question Nr 23 |  |  |
| :--- | :--- | ---: | :--- |
| $\square$ | Yes, Aprostadil | How often?  <br> $\square$ Yes, Bondil <br> $\square$ Yes, Viagra <br> $\square$ Yes, Other .......................................... | $\square$ |

22. Is the erection sufficient WITH assistance (see question no 21) to carry out sexual intercourse?
$\square$ Yes
$\square$ No
23. Is the erection sufficient WITHOUT assistance (see question no 21 ) to carry out sexual intercourse?
$\square$ Yes
$\square$ No

## Answer the questions by ticking the most appropriate level.

24. Have you had sexual intercourse/sexual contact in the last....
$\square$ week
$\square$ month
$\square$ year
$\square$ not in the last year
25. How would you feel if you lived the rest of your life with your sexual problems as they are now?
$\square$ Very content
$\square$ Content
$\square$ Satisfactory
$\square$ Mixed feelings
$\square$ Displeased
$\square$ Unhappy
$\square$ Terrible

|  | Never | On fewer than one in five occasions when I have urinated | On fewer than half of the occasions when I have urinated | On half of the occasions when I have urinated | On more than half of the occasions when I have urinated | Almost ever |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 26. During the past 1-2 months, how often have you had the feeling that your bladder has not been emptied even though you have urinated? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| 27. During the past 1-2 months, how often have you needed to urinate within two hours? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| 28. During the past 1-2 months, how often have you noticed that you have experienced involuntary interruption of flow when you are urinating? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| 29. During the past 1-2 months, how often have you noticed that you have experienced difficulties stopping urgent urinating? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| 30. During the past 1-2 months, how often have you noticed that your urine stream was weak when you urinated? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| 31. During the past 1-2 months, how often have you had to exert pressure in order to begin urinating? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

## Answer the questions by ticking the most appropriate level.

| 32. During the past 1-2 months, how often have you got up to urinate during a typical night? | Never | Once | Twice | Three times | Four times | Five times or more |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 33. Do you have urinary leakage? | Never | Leakage so coughing or of pads du activity, eg s working i | imes while ezing, or use physical ing activity, e garden | Always use pads (probably during night) but they are not always wet | Always use pads which have to be changed because they are wet | Continous leakage and use of pads which have be changed continously |
| 34. If you are sexually active, how often have you reached orgasm? | Never | Sometimes | Half of the occasions | More than half of the occasions | Always or almost always |  |

Answer the questions by ticking the most suitable level if your situation is WITHOUT assistance (see question no 21). Answer only one alternative for each question.

| 35. During the last 6 months, <br> how do you rate your <br> confidence that you could <br> get and keep an erection? | Very low or <br> none | Low |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |

## Answer the questions by ticking the most suitable level

Answer the questions by ticking the most suitable level if your situation is WITH assistance (see question no 21). Answer only one alternative for each question.

| 40. During the last 6 months, how do you rate your confidence that you could get and keep an erection? | Very low or hone | Low | Moderate | High | Very high |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 41. During the past 6 months, when you had erections with sexual stimulation, how often were your erections hard enough for penetration? | I am currently not sexually active | Never or almost never | A few times (less than half of the attempts) | Sometimes (approximately half of the attempts) | Most times (more than half of the attempts) | Always or almost always |
| 42. During the past 6 months, during sexual intercourse, how difficult was it to maintain your erection to completion of intercourse? | I am currently not sexually active | Never or almost never | A few times (less than half of the attempts) | Sometimes (approximately half of the attempts) | Most times (more than half of the attempts) | Always or almost always |
| 43. During the past 6 months, during sexual intercourse, how difficult was it to maintain your erection to completion of intercourse? | I am currently not sexually active | Extremel y difficult | Very difficult | Difficult | Slightly difficult | Not difficult |
| SATISFACTION <br> 44. During the past 6 months, when you attempted sexual intercourse, how often was it satisfactory for you? | I am currently not sexually active | Never or almost never | A few times (less than half of the attempts) | Sometimes (approximately half of the attempts) | Most times (more than half of the attempts) | Always or almost always |

## Thank you for your help!


[^0]:    * The Stockholm-Gotland health care region introduced the variable 2008

[^1]:    1 Prior to 2000 Gleason scoring was based on the WHO classification system (5).

