

Questions marked with “*internal control*” are not part of the interview. They are programmed as internal controls in the questionnaire program. The interviewer is alerted if there is a discrepancy between responses to various combinations of items.

## **Introduction**

4300 - Swedish Panel Study of Living Conditions of the Oldest Old 2004 – Sweold III

Hello, my name is XXX and I’m calling from Intervjubolaget in Härnösand.

I’m calling to ask you to answer some questions concerning the Swedish Panel Study of Living Conditions of the Oldest Old.

A couple of days ago you received a letter from Professor Olle Lundberg and Mats Thorslund at Stockholm’s University and Karolinska Institutet in which the studies were more thoroughly described. Have you read the letter?

(If yes, proceed to the next point. Otherwise, inform IP about the letter’s contents before proceeding)

Do you have the time to answer these questions now or would you prefer that I call back later?

The interview takes approximately 25 minutes. We can go through the whole interview at once or split the questions and perform it at two separate occasions.

### **Q17**

Employment number

### **Q17000**

Questionnaire number

### **Q18**

Date of interview

### **Q19**

Time when interview started (hour/minute)

### **Q 2000**

Last interviewed

- 1  Interviewed LNU 2000
- 2  Interviewed SWEOLD 2002
- 3  Last/Previously interviewed before 2000
- 4  Never interviewed

### **Q20**

Sex

- 1  Man
- 2  Woman

**Q21**

Year of birth

**Q22**

IP's county of residence:

- 1  Blekinge
- 2  Dalarna
- 3  Gotland
- 4  Gävleborg
- 5  Halland
- 6  Jämtland
- 7  Jönköping
- 8  Kalmar
- 9  Kronoberg
- 10  Norrbotten
- 11  Skåne
- 12  Stockholm
- 13  Södermanland
- 14  Uppsala
- 15  Värmland
- 16  Västerbotten
- 17  Västernorrland
- 18  Västmanland
- 19  Västra Götaland
- 20  Örebro
- 21  Östergötland

**Q23**

- 1  Direct interview
- 2  Indirect interview (with assistance)

**Q24**

If the interview is done with assistance, state the proxy's relation to IP:  
(In mixed interviews, please mark the items that are answered by proxy.)

- 1  Spouse/cohabitant
- 2  Daughter
- 3  Son
- 4  Other relative
- 5  Neighbour
- 6  Home nurse or staff at institution/hospital
- 7  Other

**Q2400**

If other ...

**Q25**

Reason for indirect or mixed interview..

- 1  Severe dementia
- 2  Moderate dementia
- 3  IP is very weak
- 4  IP is unconscious
- 5  Other reason...

**Q2500**

If other ..

**Q20000**

Ask IP if it is OK if the interview is recorded

- 1  Yes, the conversation/interview can be recorded
- 2  No, the conversation/interview can not be recorded

**Q26**

III Note IP's normal housing.

- 1  IP lives in an ordinary house (villa, semi-detached or row-house, flat)
- 2  IP lives in a block of service flats (incl. service flat in a house where the majority are elderly)
- 3  Group living (e.g. 6-10 elderly living with staff round the clock, primarily for persons with dementia), retirement home or Nursing home (sometimes called "block of service flats with full board-and-lodging accommodation")
- 9  No answer

**Q27**

**Question 1.** Do you live alone?

- 1  Yes
- 2  No
- 9  No answer

**Q28**

**Question 2.** How many persons do you live with?

**Q29**

**Question 3.** Who do you live with?

*(Several answers possible)*

- 1  Spouse/cohabitant
- 2  Children/daughter-in-law/son-in-law
- 3  Siblings/grandchildren
- 4  Other (open answer)
- 9  No answer

**Q 30**

Other person/persons ...

**Q31**

**Question 4.** What is your present civil status?

- 1  Unmarried
- 2  Married/cohabiting
- 3  Divorced/previously cohabiting
- 4  Widow/widower
- 9  No answer

**Q32**

**Question 5.** Do you have any children (now living)?

*Adoptive- and stepchildren as well (foster children count if IP regards them own children)*

- 1  Yes
- 2  No
- 9  No answer

**Q33**

**Question 6.** How often do you meet or spend time with your child/children?

*(Frequency of visits with one ore more of these children)*

Is it..

- 1  On a daily basis
- 2  Several times a week
- 3  A few times a week
- 4  A few times a month
- 5  A few times every fourth month
- 6  More seldom than often
- 9  No answer

**Q34**

**Question 7.** How often do you have telephone contact with your child/children?

*(Frequency of telephone contact with one ore more of these children)*

Is it..

- 1  On a daily basis
- 2  Every week but not on a daily basis
- 3  Every month but not on a weekly basis
- 4  More seldom than often
- 9  No answer

**Q35**

**Question 8.** Do you have any grandchildren or great grandchildren?

- 1  Yes
- 2  No
- 9  No answer

**Q36**

**Question 9.** How often do visit with these grandchildren and/or great grandchildren?

*(Frequency of visits with one or more of these grandchildren and/or great grandchildren)*

Is it..

- 1  On a daily basis
- 2  Several times a week
- 3  A few times a week
- 4  A few times a month
- 5  A few times every fourth month
- 6  More seldom than often
- 9  No answer

### **Q37**

**Question 10.** How often do you have telephone contact with your grandchildren or great grandchildren?

*(Amount of times IP talks with one or more of these grandchildren/great grandchildren on/over the phone)*

Is it..

- 1  On a daily basis
- 2  Every week but not on a daily basis
- 3  Every month but not on a weekly basis
- 4  More seldom than often
- 9  No answer

### **Q38**

**Question 11.** Sometimes you need help and support from someone. Do you have a relative or close friend who's there for you if you need to talk to someone about personal concerns?

*(Several answers possible)*

- 1  No
- 2  Yes, husband/wife/cohabitant
- 3  Yes, daughter/daughters
- 4  Yes, son/sons
- 5  Yes, other female relative
- 6  Yes, other male relative
- 7  Yes, other friend
- 9  No answer

### **Q3800**

*Internal control*

IP has no children, go back to previous question or make a note about this

### **Q1010**

Note

### **Q39**

**Question 12.** Next I'm going to ask you some questions about your health. I'll start by asking a general question about how you feel.

How do you assess your general state of health? Is it good, bad or something in between?

*(Not a doctor's opinion/diagnosis. The question aims to give an overall view of IP's subjective health)*

- 1  Good
- 2  Bad or
- 3  Something in between
- 9  No answer

**Q40**

**Question 13.** How do you assess your general state of health compared to other people of your own age? Is it better, worse or about the same?  
(*IP is supposed to relate hers/his general health to other people of their own age*)

- 1  Better
- 2  Worse or
- 3  About the same
- 9  No answer

**Q41**

**Question 14.** How do you assess your memory? Is it good, bad or something in between?

- 1  Good
- 2  Bad or
- 3  Something in between
- 9  No answer

**Q42**

**Question 15.** Do you think that your memory has changed over the last 2 years?

- 1  Much worse
- 2  Somewhat worse
- 3  No change
- 4  Somewhat better
- 5  Much worse
- 9  No answer

**Q44**

**Question 17a.** Can you walk 100 meters fairly briskly without any difficulties?  
(*Do not include temporary medical conditions*)

- 1  Yes
- 2  No
- 9  No answer

**Q45**

**Question 17b.** Can you walk 500 meters fairly briskly without any difficulties?  
(*Do not include temporary medical conditions*)

- 1  Yes
- 2  No
- 9  No answer

**Q46**

**Question 17c.** Can you run 100 meters without any difficulties?

*(Do not include temporary medical conditions)*

- 1  Yes
- 2  No
- 9  No answer

**Q47**

**Question 17d.** Can you walk up and down stairs without any difficulties?  
*(Do not include temporary medical conditions)*

- 1  Yes
- 2  No
- 9  No answer

**Q48**

**Question 18a.** Can you get up from a kitchen chair (without armrests) without any difficulties?

- 1  Yes
- 2  No
- 9  No answer

**Q49**

**Question 18b.** Can you pour from a coffee pot or a bottle without any difficulties?  
*(The question aims to sort out difficulties with hand and/or arm functionality. If IP has difficulties with this task, due to for example bad eyesight, make a note of it)*

- 1  Yes
- 2  No
- 9  No answer

**Q1000**

Note

**Q50**

**Question 18c.** Can you hold a pen and write without any difficulties?  
*(The question aims to sort out difficulties with hand and/or arm functionality. If IP has difficulties with this task, due to for example bad eyesight, make a note of it)*

- 1  Yes
- 2  No
- 9  No answer

**Q1000**

Note

**Q51**

**Question 18d.** Can you fasten buttons without any difficulties?  
*(The question aims to sort out difficulties with hand and/or arm functionality. If IP has difficulties with this task, due to for example bad eyesight, make a note of it)*

- 1  Yes  
2  No  
9  No answer

**Q1000**

Note

**Q52**

**Question 18e.** Can you reach out your arm/hand to greet somebody without any difficulties?  
*(The question aims to sort out difficulties with hand and/or arm functionality. If IP has difficulties with this task, due to for example bad eyesight, make a note of it)*

- 1  Yes  
2  No  
9  No answer

**Q1000**

Note

**Q53**

**Question 18f.** Can you get down on your knees without any difficulties?

- 1  Yes  
2  No  
9  No answer

**Q54**

**Question 18g.** Can you lift and carry a 5 kilo-grocery bag without any difficulties?  
*(5 kilos is approximately 5 litres of milk)*

- 1  Yes  
2  No  
9  No answer

**Q43**

**Question 16.** Can you stand without any support?

*(Regardless of whether IP can walk without support)*

*Stand without any support: People who use supportive devices when they walk can usually stand without these devices for shorter periods.*

*Can sit: includes people who need help to get in or out of bed but are able to sit in a wheelchair, chair etc.*

- 1  Yes  
2  No, but can sit  
3  No, bedridden or similar  
9  No answer

**Q4300**

*Internal control*

IP was able to walk, run, go up and down stairs and should not be bedridden. Go back to the previous question or make a note of it.



**Q1000**

Note

**Q55**

The following four questions concern how you've been feeling the last 14 days. It applies both to occasional and chronic problems.

**Question 19a.** Have you often felt tired during the last 14 days?

*(Notice that the question concerns both occasional and chronic problems. Tiredness caused by a cold should therefore be included.)*

- 1  Yes
- 2  No
- 9  No answer

**Q56**

**Question 19b.** Have you had trouble getting started in the mornings?

*(Notice that the question concerns both occasional and chronic problems. Tiredness caused by a cold should therefore be included.)*

- 1  Yes
- 2  No
- 9  No answer

**Q57**

**Question 19c.** Have you often felt unusually tired during the days?

*(Notice that the question concerns both occasional and chronic problems. Tiredness caused by a cold should therefore be included.)*

- 1  Yes
- 2  No
- 9  No answer

**Q58**

**Question 19d.** Have you felt quite exhausted in the evenings?

*(Notice that the question concerns both occasional and chronic problems. Tiredness caused by a cold should therefore be included.)*

- 1  Yes
- 2  No
- 9  No answer

**Q59**

**Question 20.** How tall are you?

*If IP is unsure about hers/his height, ask her/him to make an estimate.*

**Q60**

**Question 21.** How much do you weigh?

*If IP is unsure about hers/his weight, ask her/him to make an estimate.*

**Q61 – Question 61:1-61:26**

*The following questions concern specific symptoms or problems during the last 12 months. Please be aware of the following;*

- *Many symptoms can result from the same disease. All symptoms should be taken into account even if they originate from the same disease.*
- *If IP takes medicine for a disease or problem and therefore lack symptoms or problems, mark the “yes-box” and ask IP if the symptoms are slight or severe.*
- *Make a note about diseases and symptoms that are not on this list under question 23 (The following question)*

*If IP answers yes: ask if the symptoms and/or problems were slight or severe*

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**1. Pain or ache in the chest**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**2. Pain in shoulders**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**3. Thrombus in the heart, myocardial infarction.**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**4. Heart problems**

- 1  No
- 2  Yes, slight

3  Yes, severe

4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**5. High blood pressure**

1  No

2  Yes, slight

3  Yes, severe

4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**6. Pain or ache in the back, hips, sciatica**

1  No

2  Yes, slight

3  Yes, severe

4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**7. Pain/ache in hands, elbows, legs or knees**

1  No

2  Yes, slight

3  Yes, severe

4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**8. General fatigue**

1  No

2  Yes, slight

3  Yes, severe

4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**9. Sleeping problems**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**10. Nervous problems (anxiety, nervousness, angst)**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**11. Depression, deep sadness**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**12. Mental illness**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**13. Dizziness**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**14. Shortness of breath**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**15. Weight loss**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**16. Diabetes**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**17. Cerebral haemorrhage, stroke**

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**18. Leg ulcer?**

- 1  No

- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**19.** Stomach ache, pains

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**20.** Vision problem/eye disease

*(That is not substantially improved with glasses)*

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**21.** Disorder of the reproductive organs

*(Women: pain, prolapse, itching etc)*

*(Men: prostate problems etc)*

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**22.** Rashes, eczemas, psoriasis

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**23.** Impaired hearing

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**24.** Malignant tumour, cancer

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q61**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**25.** Problem of the lungs (asthma, pneumonia)

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q610**

**Question 22.** Have you during the last 12 months had any of the following symptoms or problems?

**26.** Fracture of the hipbone, thighbone and/or bone fracture.

*Hip fracture or broken leg*

- 1  No
- 2  Yes, slight
- 3  Yes, severe
- 4  No answer

**Q62**

**Question 23a.** Have you had any other diseases or disorders during the last 12 months, which were not included in the list?

*Remind IP that the last 12 months consists of the time elapsed from the same month one year ago.*

- 1  Yes
- 2  No
- 9  No answer

**Q63**

**Question 23b.** If yes, what disease or problem is that?

**Q640**

Are the disease or problems slight or severe?

- 1  Slight
- 2  Severe
- 9  No answer

**Q64**

Mark below for alternative/open answers

- 3  Additional diseases or problems (go to **Q65**)
- 4  No additional diseases or problems (go to **Q69**)

**Q65**

What are these additional diseases or problems?

**Q660**

Are the disease or problems slight or severe?

- 1  Slight
- 2  Severe
- 9  No answer

**Q66**

Mark below for alternative/open answers

- 3  Additional diseases or problems (go to **Q67**)
- 4  No additional diseases or problems (go to **Q69**)

**Q67**

What are these additional diseases or problems?

**Q68**

Are the disease or problems slight or severe?

- 1  Slight
- 2  Severe

**Q69**

**Question 24.** Many elderly have problems controlling their urine. Have you had any such problems?

*Several answers are possible.*

*This question refers to IP's ability to control urination. Do not include the need for frequent urination.*



- 1  Yes, when I laugh or sneeze
- 2  Yes, during the night
- 3  Yes, sometimes
- 4  Yes, most often
- 5  No, never
- 6  no, have a catheter or diaper
- 9  No answer

**Q70**

**Question 25.** Can you, with or without a hearing aid, hear what is said in a conversation between several persons without any difficulties?

- 1  Yes
- 2  No
- 9  No answer

**Q71**

**Question 26.** Can you, with or without a hearing aid, hear what's said in a conversation with one other person without any difficulties?

*Be specific that this question is about a conversation with **one** other person*

- 1  Yes
- 2  No
- 9  No answer

**Q72**

**Question 27.** Can you read a newspaper without any difficulties?

*The question concerns vision disorders. If there is any other reason for difficulty, make a note of it.*

- 1  Yes, without glasses
- 2  Yes, with glasses
- 3  No, certain difficulties
- 4  No, not at all
- 9  No answer

**Q1000**

Note

**Q73**

**Question 28.** Which of the following statements best describe your teeth?

*You can, for a quick response, tell IP that alternative 3-5 is for people with teeth of their own and that alternative 1-2 for them without. If IP is hesitant when it comes to alternative 4 or 5, tell her/him that 4 is for people with a lot of fillings who have had root canals and other more complicated measures done. Alternative 5 is for them who have had lighter work done to their teeth.*

- 1  No teeth, or only a few
- 2  Complete or partial dentures
- 3  Own teeth in bad shape: many missing etc.

- 4  Own teeth: many fillings or bridges
- 5  Own teeth in good shape: no or few fillings

**Q74**

**Question 29.** Do your dentures work well or do you have problems with them?

- 1  Work well
- 2  Have got problems with them
- 9  No answer

**Q75**

**Question 30.** Do you have any dental implants?

*Dental implants refer to a fully replaced tooth (that has been screwed into the jawbone)*

- 1  Yes
- 2  No
- 99  Do not know
- 9  No answer

**Q76**

**Question 31.** How many dental implants have you got?

**Q77**

**Question 32.** Have you visited a dentist during the last 12 months?

*This question refers to a visit for IP's own sake. If IP has visited a dental hygienist, make a note of it but don't count it as a visit per se.*

- 1  Yes
- 2  No
- 9  No answer

**Q1000**

Note

**Q78**

**Question 33.** Can you chew hard food such as hard bread or apples?

- 1  Yes, without difficulties
- 2  Yes, but I must be careful
- 3  No, not at all
- 9  No answer

**Q79**

**Question 34.** Do you usually buy food yourself?

*Using assistive devices does not constitute help.*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 9  No answer

**Q80**

**Question 35.** Who usually helps you to buy food?

*Several answers are possible.*

*Home-help service refers to municipal home-help service; private “municipal” home-help service and home based medical care.*

*Privately paid help refers to aid that is not administrated on a municipal level and that IP pays for herself/himself.*

- 1  Spouse/cohabitant
- 2  Daughter
- 3  Son
- 4  Other female relative
- 5  Other male relative
- 6  Other person
- 7  Home-help service
- 8  Privately paid help
- 9  Volunteer organisation
- 10  No answer

**Q8000**

*Internal control*

IP has mentioned that she/he doesn't have any now living children. Go to the previous question or make a note about it.

**Q1010**

Note

**Q81**

**Question 36.** Would you be able to buy food if you had to?

- 1  Yes
- 2  No
- 3  Do not know
- 9  No answer

**Q82**

**Question 37.** Do you usually prepare food for yourself?

*Using assistive devises does not constitute help.*

*To be able to prepare food for oneself refers to IP's ability to manage the kitchen and actually cook for herself/himself.*

*If IP only heats prepared meals, mark the alternative “Yes, with help”.*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 9  No answer

**Q83**

**Question 38.** Who usually helps you to prepare food?

*Several answers are possible.*

*Home-help service* refers to municipal home-help service; private “municipal” home-help service and home based medical care.

*Privately paid help* refers to aid that is not administrated on a municipal level and that IP pays for herself/himself.

- 1  Spouse/cohabitant
- 2  Daughter
- 3  Son
- 4  Other female relative
- 5  Other male relative
- 6  Other person
- 7  Home-help service
- 8  Privately paid help
- 9  Volunteer organisation
- 10  No answer

### **Q8300**

*Internal control*

IP has mentioned that she/he doesn't have any now living children. Go to the previous question or make a note of it.

### **Q1000**

Note

### **Q84**

**Question 39.** Would you be able to prepare food if you had to?

- 1  Yes
- 2  No
- 3  Do not know
- 9  No answer

### **Q85**

**Question 40.** Do you usually do the housecleaning by yourself?

*Using assistive devices does not constitute help.*

*Housecleaning refers to ordinary cleaning such as vacuum cleaning, dusting etc.*

*Cleaning windows, major cleaning related to moving etc does not count as housecleaning.*

*The quality of the housecleaning is according to IP's own assessment.*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 9  No answer

### **Q86**

**Question 41.** Who usually helps you with the housecleaning?

*Several answers are possible.*

*Home-help service* refers to municipal home-help service; private “municipal” home-help service and home based medical care.

*Privately paid help* refers to aid that is not administrated on a municipal level and that IP pays for herself/himself.

- 1  Spouse/cohabitant
- 2  Daughter
- 3  Son
- 4  Other female relative
- 5  Other male relative
- 6  Other person
- 7  Home-help service
- 8  Privately paid help
- 9  Volunteer organisation
- 10  No answer

**Q8600**

*Internal control*

IP has mentioned that she/he doesn't have any now living children. Go to the previous question or make a note of it.

**Q1010**

Note

**Q87**

**Question 42.** Would you be able to do the cleaning by yourself if you had to?

- 1  Yes
- 2  No
- 3  Do not know

**Q88**

**Question 43.** Can you bathe/shower yourself?

*Using assistive devices does not constitute help.*

*To bathe/shower oneself means that IP can manage to get herself/himself back and forth to the bathing place and wash herself/himself all over.*

*If IP needs help to scrub hers/his back or needs supervision, mark the alternative "Yes, with help".*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 9  No answer

**Q89**

**Question 44.** Who usually helps you bathe/shower?

*Several answers are possible.*

*Home-help service refers to municipal home-help service; private "municipal" home-help service and home based medical care.*

*Privately paid help refers to aid that is not administered on a municipal level and that IP pays for herself/himself.*

- 1  Spouse/cohabitant
- 2  Daughter
- 3  Son

- 4  Other female relative
- 5  Other male relative
- 6  Other person
- 7  Home-help service
- 8  Privately paid help
- 9  Volunteer organisation
- 10  No answer

### **Q8900**

#### *Internal control*

IP has mentioned that she/he does not have any now living children. Go to the previous question or make a note of it.

### **Q1010**

Note

### **Q90**

**Question 45.** Would you be able to bathe/shower if you had to?

- 1  Yes
- 2  No
- 3  Do not know
- 9  No answer

### **Q91**

**Question 46.** Can you eat by yourself?

*“Completely by myself” means that IP is able to cut meat, prepare a sandwich and open cans/bottles/boxes etc by herself/himself.*

*If IP is in the hospital, eating by oneself means that personal can leave the food tray by the bed.*

*“With help” refers to if IP needs help to cut meat, prepare a sandwich and open cans/bottles/boxes etc.*

*“Not at all” refers to if IP needs help to bring the food to her/his mouth, or if IP has tube feeding or IV.*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 9  No answer

### **Q92**

**Question 47.** Can you go to the toilet by yourself?

*“Completely by myself” refers to if IP is able to manage everything by her/his self, get dressed and wipe herself/himself and so forth.*

*If IP uses diapers during daytime, mark the alternative “no, not at all”.*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 9  No answer

**Q93**

**Question 48.** Can you dress and undress by yourself?

*“Completely by my self” refers to if IP is able to take out clothes and get dressed without supervision. Using assistive devices does not constitute help.*

*If IP wears a corset or an artificial limb/prosthesis and needs help to get that on, mark the alternative “Yes, with help” and make a note of it.*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 9  No answer

**Q1000**

Note

**Q94**

**Question 49.** Can you get in and out of bed by yourself?

*“Completely by my self” refers to if IP is able to get in and out of bed without supervision. Using assistive devices does not constitute help.*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 9  No answer

**Q95**

**Question 50.** Can you cut your toenails by yourself?

*A person ought to have good eyesight, grip strength and has to be able to reach hers/his toes to be able to cut ones toenails.*

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 4  Not relevant
- 9  No answer

**Q96**

**Question 21.** Can you wash your hair by yourself?

- 1  Yes, completely by myself
- 2  Yes, with help
- 3  No, not at all
- 4  Not relevant
- 9  No answer

**Q97**

**Question 52.** Have you received any help with practical duties or care from the home-help services during the last 12 months?

*Home-help service refers to municipal home-help service; private “municipal” home-help service and home based medical care.*

*Include services granted by the municipality that are provided by private firms.*

*Transportation services do not count.*

1  Yes

2  No

9  No answer

### **Q9700**

*Internal control*

IP has previously mentioned that she/he receives help from home-help services. Go back to the previous question or make a note of it.

### **Q1010**

Note (has to be written down)

### **Q98**

**Question 53.** How often do you receive help from the home-help services?

1  Every day

2  Several times a week

3  Once a week

4  A few times a month

5  More seldom

9  No answer

### **Q99**

**Question 54.** Do you help your spouse /cohabitant on a regular basis with personal care such as bathing/showering, dressing, getting to bed and supervision?

*This refers to help that IP gives to her/his spouse /cohabitant due to the spouses/cohabitants lack of ability to manage this by herself/himself.*

1  Yes

2  No

9  No answer

### **Q100**

**Question 55.** Do you help an elderly relative (who doesn't live with you) on a regular basis with her/his daily care, domestic work or supervision?

*Be specific about the fact that the question refers to an elderly relative that doesn't live with IP.*

1  Yes, every day

2  Yes, several times a week

3  Yes, once a week

4  Yes, a few times a month

5  No, never

9  No answer

### **Q101**



**Question 56.** If you suddenly fell into a situation where you had to raise 12.000 SEK in one week, would you be able to manage that?

- 1  Yes
- 2  No
- 9  No answer

### **Q102**

**Question 57.** In what way would you manage to do this?

*Several answers are possible.*

*“Withdrawal from own bank or the like” includes for example selling bonds, shares and so forth.*

- 1  Withdrawal from own bank or the like
- 2  Loan from a family member
- 3  lone from relatives or friends
- 4  Loan from bank or equivalent
- 5  Other way (open answer, make a note under **Q103**)
- 9  No answer

### **Q103**

Other way...

### **Q1055**

**Question 57A.** Have you during the last 12 months given economical support or gifts to someone/somebody outside your household for an expense of 5000 SEK or more?

*Things that have been bought and given away as gifts count as well.*

- 1  Yes
- 2  No
- 3  Don't want to answer the question
- 9  No answer

### **Q1056**

**Question 57B.** To who or whom?

- 1  Daughter/daughters
- 2  Son/sons
- 3  Grandchildren
- 4  Other person
- 5  Don't know/ don't want to answer the question
- 9  No answer

### **Q10500**

*Internal control*

IP has previously mentioned that she/he doesn't have any children/grandchildren. Go back to the previous question or make a note of it.

### **Q1010**

Note (has to be written down)

**Q104 – Question 58a-58b**

*These following questions concern however IP has got any hobbies or participate in any leisure activities. Please be aware of the following;*

*If yes – ask how often IP does this. If IP is unsure of if it is “often” or “sometimes”, mark “often” if it occurs more than 10 times per year and “sometimes” if less.*

*This division is not suitable for all activities, but it is easiest to have one cut-off for all items. Spread over the year, this is about once a month.*

**Q104**

**Question 58.** Which of the following activities do you usually do?

**a.** Fishing, hunting

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**b.** Picking berries/mushrooms

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**c.** Gardening

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**d.** Going to the movies, theatre, concerts, museums, exhibits

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**e. Eating out at restaurants**

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**f. Going out dancing**

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**g. Reading books**

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**h. Reading newspapers**

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**i. Go for a walk**

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**j.** Visiting relatives (*IP's own children do not count as relatives in this question*)

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**k.** Have relatives over to visit (*IP's own children do not count as relatives in this question*)

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**l.** Visiting friends and acquaintances

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**m.** Having friends and acquaintances over to visit

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**n.** Participate in study circles or courses

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**o.** Playing a musical instrument, singing in a choir

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**p.** Doing hobby activities, e.g. knitting, sewing, carpentry, painting, stamp collecting or the like.

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**q.** Solving crosswords

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**r.** Go travelling

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**s.** Go bicycling

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

**t.** Go swimming

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

w. Take a gym class

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q104**

**Question 58.** Which of the following activities do you usually do?

x. Attend religious services

*This refers to any religious service, not only Christianity. Weddings, funerals, concerts or similar activities and so forth do not count in this question.*

- 1 No
- 2 Yes, sometimes
- 3 Yes, often
- 9 No answer

**Q105**

y. Do you participate in any other activities not mentioned above/on this list?

- 1 Yes (*open answer, make a note of it under Q106*)
- 2 No
- 9 No answer

**Q106**

Other activities such as...

**Q107**

How often do you..

- 2 Sometimes
- 3 Often
- 9 No answer

**Q105**

y. Do you participate in any other activities not mentioned above/on this list?

- 1 Yes (*open answer, make a note of it under Q106*)
- 2 No
- 9 No answer

**Q106**

Other activities such as...

**Q107**

How often do you..

- 2 Sometimes
- 3 Often
- 9 No answer

**Q105**

y. Do you participate in any other activities not mentioned above/on this list?

- 1 Yes (*open answer, make a note of it under Q106*)
- 2 No
- 9 No answer

**Q106**

Other activities such as...

**Q107**

How often do you..

- 2 Sometimes
- 3 Often
- 9 No answer

**Q105**

y. Do you participate in any other activities not mentioned above/on this list?

- 1 Yes (*open answer, make a note of it under Q106*)
- 2 No
- 9 No answer

**Q106**

Other activities such as...

**Q107**

How often do you..

- 2 Sometimes
- 3 Often
- 9 No answer

**Q114**

**Question 59.** I have asked you a number of questions about your life and living conditions.

How do you rate your situation?

On the whole, do you think things are very good, rather good, rather bad or very bad?

*This question refers to IP's subjective valuation about her/his situation. Alternative 3 is only to be used if IP can't manage to choose any of the other alternatives.*

- 1 Very good
- 2 Rather good
- 3 Neither good nor bad
- 4 Rather bad
- 5 Very bad
- 9 No answer

**Q115**

**Question 60.** If you think back over the last <?> years, do you think your living conditions have changed?

- 1 Great change to the worse
- 2 Slightly changed to the worse
- 3 No change at all
- 4 Slightly improved
- 5 Great improvement
- 9 No answer

**Q116**

**Question 61.** Are you ever bothered by feelings of loneliness?

*The question refers to the subjective feeling of loneliness, which can appear even when a person is amongst people.*

*If IP insist on answering No/Never, make a note of it.*

- 1 Nearly almost
- 2 Often
- 3 Seldom
- 4 Almost never
- 9 No answer

**Q1000**

Note

**Q117**

**Question 62a.** Are you usually able to see/find solutions to problems and/or difficulties that other people find hopeless?

*“Problems and /or difficulties” refers to major situations like being able to sort out her/his economical situation if the interest increase or her/his house catches a fire and so forth.*

- 1  No
- 2  Yes, sometimes
- 3  Yes, often
- 9  No answer

**Q118**

**Question 62b.** Do you usually feel that your daily life is a source of personal satisfaction?

- 1  No
- 2  Yes, sometimes
- 3  Yes, often



9  No answer

**Q119**

**Question 62c.** Do you usually feel that things that happen in your daily life are hard to understand?

- 1  No
- 2  Yes, sometimes
- 3  Yes, often
- 9  No answer

**Q120**

**Question 62d.** Do you usually feel that you are in control of your own life?

- 1  No
- 2  Yes, sometimes
- 3  Yes, often
- 9  No answer

**Q121**

**Question 63.** Now I would like to perform some memory tests. I will start this by naming three objects that I would like you to remember.

*Say the words slowly and well articulated, repeat maximum 5 times.*

*Key, toothbrush, and lamp.*

Can you please repeat the objects?

To the interviewer: *Is IP able to repeat key, toothbrush and lamp?*

- 1  Yes
- 2  No
- 9  No answer

*The following questions (64a-64e) concerns IP's orientation, please be aware of the following;*

*Don't give IP any clues about the correct answer. If IP gives the wrong answer, mark the alternative "wrong" and don't ask the question again. If IP gives the wrong answer but instantly corrects herself/himself and delivers the right answer, mark the alternative "correct" but make a note of it. If IP gives the wrong answer but receives help from somebody else and therefore corrects herself/himself and delivers the correct answer, mark the alternative "correct" and make a note of it.*

*Try not to inform IP about if the answer is correct or not, just proceed to the next question. Explain that somebody else will evaluate the answers later.*

**Q122**

**Question 64a.** Which weekday is it today?

- 1  Correct
- 2  Wrong
- 9  No answer

**Q1000**

Note

**Q123**

**Question 64b.** What year is it now?

- 1  Correct
- 2  Wrong
- 9  No answer

**Q1000**

Note

**Q124**

**Question 64c.** What month is it now?

- 1  Correct
- 2  Wrong
- 9  No answer

**Q1000**

Note

**Q125**

**Question 64d.** What is today's date?

- 1  Correct
- 2  Wrong
- 9  No answer

**Q1000**

Note

**Q126**

**Question 64e.** What country do we live in?

- 1  Correct
- 2  Wrong
- 9  No answer

**Q1000**

Note

**Q127**

**Question 65.** Could you please repeat the three items I mentioned before?

*Mark every object that IP remembers/repeats.*

*Don't give IP any clues about the items. The order that IP repeats the items does not matter.*

*Out of courtesly you are allowed to tell IP which items she/he might have forgotten, but only after she/he has finished repeating.*

- 1  Key

- 2  Toothbrush
- 3  Lamp
- 9  Cannot repeat any of the items.

**Q128**

**Question 66.** What year were you born?

**Q1000**

Note

**Q129**

**Question 67.** Subtract seven (7) from 100. Then keep subtracting seven (7) from what is left (approximately five times).

**Q132**

**Q133**

*Ask this question to the person who's answered for IP;*

How do you estimate IP's ability to speak?

- 1  No problem – easy to understand
- 2  Some problem – difficult to understand/had to repeat the question
- 3  Great problems – IP has difficulties speaking

**Q134**

Thank IP for her/his cooperation and end the interview.

My name is XXX and I was the person who asked you the questions. I called you from Intervjubolaget. Thank you for your collaboration and that you took some time to answer the questions; have a good day/evening.

Fill in the following questions after the interview is ended.

**Q20010**

Read in;

“Interview ended with <IP's name>, <?>. UBNR: <?>, <?>”

Stop the recording.

*The interviewer answers the following questions;*

**Q1330**

How do you estimate IP's ability to speak?

- 1  No problem – easy to understand
- 2  Some problem – difficult to understand/had to repeat the question
- 3  Great problems – IP has difficulties speaking

**Q1300**

**Question A.** IP's hearing ability? (How do you estimate IP's hearing ability)

- 1  No difficulties – ordinary tone of voice
- 2  Some difficulties – had to raise my voice
- 3  Great difficulties – IP had over all big hearing difficulties

**Q1310**

**Question B.** Did IP appear to be confused?

- 1  No, not at all
- 2  Mostly not. Had a few moments of confusion, nothing that made the interview difficult to perform/carry out though.
- 3  Yes, confused most of the time, great problems performing the interview.

**Q1320**

**Question C.** How do you estimate the reliability of IP's answers?

- 1  Generally high
- 2  Low reliability in some questions/episodes (make a note about which ones under **Q1325**)
- 3  Generally low

**Q1325**

State which questions/episodes..

**Q1400**

Conclusion (write a final note about the interview)